



# Sacred Heart of Jesus

## Roman Catholic Church

Second Sunday of Lent February 21st, 2016

### PARISH CLERGY

**Rev. Fr. Hilaire Belizaire**  
*Pastor*

**Rev. Fr. Franklin Ezeorah**  
*Parochial Vicar*

**Rev. Fr Joseph R. Bruno**  
*In residence*

**Deacon Francois G. Cajoux**  
**Deacon Paul Dorsinville**  
**Deacon Roy Dudley** (*Sick Leave*)  
**Deacon Marcus Mordan**

### PARISH ADMINISTRATION

**Mrs. Mary Harris**  
*Business Manager*

**Vanessa Bazile**  
*Administrative Assistant*

### LITURGY & SPIRITUALITY

**Mr. Antoine Chery**  
**Mr. Michael Capobianco**  
*Ministers of Music*

115-50 221st Street  
Cambria Heights, NY 11411  
Telephone: 718 . 528 . 0577  
Fax: 718 . 341 . 0253

Rectory@sacredheartny.com  
Website: Sacredheartny.com

### RECTORY HOURS

10:00 AM to 4:00PM (M - F)

### FAITH FORMATION

**Sr. Vilma Orejola, FLP**  
*Director*

**Ms. Mona Martin**  
*Religious Education Coordinator*

**Mr. Kalel Dennis**  
*Youth Ministry Director*  
**Mrs. Yvonne Russell-Smith**  
*Principal, Sacred Heart Academy*

### MASSES

**Monday to Saturday**  
9:00 AM in the Chapel

**Saturday Vigil**  
5:00 PM in the Church

**Sunday**  
English Mass  
8:00 AM & 10:00 AM  
Creole Mass 12:45 PM

**Holy Days**  
English Mass 9:00 AM  
Bilingual Mass 7:30 PM

**Eucharistic Adoration**  
Saturdays at 4:00 pm in the Church  
Every 1st Friday after the 9 AM Mass



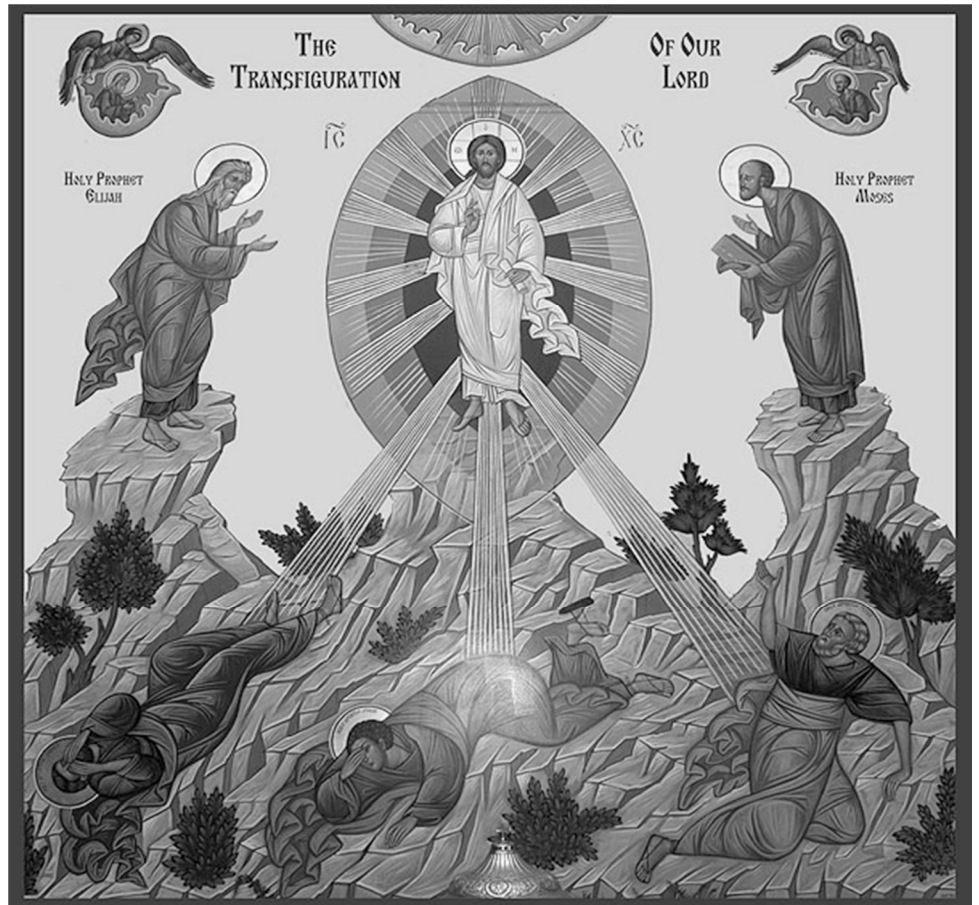
### Parish Mission Statement

Sacred Heart Church, Cambria Heights is a diverse, vibrant, family united in faith. Drawing from our rich cultural backgrounds, we proclaim Christ as Lord, celebrate His living presence in the Sacraments, and serve others in his name.

# We are to be transformed

Today's showing forth of God's glory is filled with a light that astonishes and reveals. Jesus transfigured on Mount Tabor energizes even the sleepy apostles, who see but cannot get hold of it. They can be forgiven for not apprehending the full meaning of this extraordinary vision of a transfigured Jesus with Elijah and Moses. The whole of the Law and prophets is summed up here on this mountain.

The transfiguration on Mount Tabor is handed over to us this Sunday. As Paul reminds us, it is we who are to be transformed. The light and life of the Resurrection are set forth here so we do not lose heart and fall entirely asleep. This Sunday looks to Easter. It looks to transformation. It asks us to lift up our heads and acknowledge the risen Lord as our light and our salvation.



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## Lenten Message of Holiness

Lent is a time of renewal for the whole Church, for each community and every believer. Above all it is a “time of grace” (2 Cor. 6:2). God does not ask of us anything that he himself has not first given us. “We love because he first has loved us” (1 Jn 4:19). He is not aloof from us. Each one of us has a place in his heart. He knows us by name, he cares for us and he seeks us out whenever we turn away from him. He is interested in each of us; his love does not allow him to be indifferent to what happens to us. Usually, when we are healthy and comfortable, we forget about others (something God the Father never does): we are unconcerned with their problems, their sufferings and the injustices they endure. Our heart grows cold. As long as I am relatively healthy and comfortable, I don't think about those less well off. Today, this selfish attitude of indifference has taken on global proportions, to the extent that we can speak of a globalization of indifference. It is a problem which we, as Christians, need to confront. When the people of God are converted to his love, they find answers to the questions that history continually raises.

~Pope Francis

## Weekly Readings

Monday: 1 Pt 5:1-4; Ps 23:1-3a, 4-6; Mt 16:13-19

Tuesday: Is 1:10, 16-20; Ps 50:8-9, 16bc-17, 21, 23; Mt 23:1-12

Wednesday: Jer 18:18-20; Ps 31:5-6, 14-16; Mt 20:17-28

Thursday: Jer 17:5-10; Ps 1:1-4, 6; Lk 16:19-31

Friday: Gn 37:3-4, 12-13a; 17b-28a; Ps 105:16-21; Mt 21:33-43, 45-46

Saturday: Mi 7:14-15, 18-20; Ps 103:1-4, 9-12; Lk 15:1-3, 11-32

Sunday: Ex 3:1-8a, 13-15; Ps 103:1-4, 6-8, 11; 1 Cor 10:1-6, 10-12; Lk 13:1-9  
Alternate readings (Year A): Ex 17:3-7; Ps 95:1-2, 6-9; Rom 5:1-2, 5-8; Jn 4:5-42 [5-15, 19b-26, 39a, 40-42]

## Pray For

Dominique Gustave, Mie Antoinette Ferere, Marguerite Etienne, Ms. Anglade, Christiane Bellot, Raymond Cleopha, Terry Gilbert, Kate-na Charles, Evelina Malebranche, Cecille Lingoard, Delreta Mason, Claudette Perrin, George L. Jordan, Elizabeth Kingston, Joane Zamy, Celine Duverger, Edrice Enayo, Nicole Crispin, Alice Anderson, Robert Gaetan, Wilford Shillingford, Sr Myrtha Polycarpe, Fabiola Emeus, Renaud Kersaint, Anne Marie Mathelier, Marguerita Johnson, Ina Johnson, Frederika Vaupen, Saintecil Joseph, Edward P. Johnson, Marie Clise Raymond Cadet, Isabelle Michel, Edward Johnson.

## Facility

Wish to reserve a room for your next function?  
Please call Fritz Kernizan at 718-406-5277.

## MASS INTENTIONS FOR THE WEEK

### Saturday, February 20th, 2016

5:00 pm Gemma Louis & Family

### Sunday, February 21st, 2016

8:00 am Ledanee Couloute (*In Thanksgiving*)

10:00 am Reginald Raphael (*In Thanksgiving*)

Germaine Kernizan (*D*)

Robenson Guillet (*D*)

12:45 pm Quenelle Roc (*B*)

Debbie Lynn Augustin (*B*)

### Monday, February 22nd, 2016

9:00 am Mireille Iliomme (*In thanksgiving*)

### Tuesday, February 23rd, 2016

9:00 am Sacred Heart of Jesus (*In Thanksgiving*)

### Wednesday, February 24th, 2016

9:00 am In honor of Our Lady of Perpetual Help

### Thursday, February 25th, 2016

9:00 am Mesmer Salomon (*D*)

### Friday, February 26th, 2016

9:00 am In honor of Our lady of Guadalupe

### Saturday, February 27th, 2016

9:00 am Herminia Starchia (*B*)

Bread and Wine offered by Mary Roc

The Parish Lenten Retreats will be held

**In Creole from**

**February 29<sup>th</sup> to March 2<sup>nd</sup> at 7:00 PM**

With Fr. Firtio Regis coming directly from Haiti

**And in English**

**on March 8<sup>th</sup> to the 10<sup>th</sup> at 7 PM**

With Monsignor Anselm from New Jersey

This year's theme is: "Be merciful as your Heavenly Father is merciful/Soyez miséricordieux comme votre Père Céleste est miséricordieux"

## Generations of Faith

If you have already submitted your pledge card for the Campaign, please send all future payments directly to the Generations of Faith office at : Generations of Faith: Diocese of Brooklyn



## SUNDAY READINGS AND BACKGROUNDS SECOND SUNDAY OF LENT

In response to Pope Francis' urgent call to the new evangelization and his challenge to families to love according to Gospel values, each week in the bulletin our parish will offer a great opportunity to involve the entire family. There will be a short explanation of the three readings with possible questions to help us reflect on and apply the Gospel message to our lives. There are suggested questions for children, the youth and adults. May this parish endeavor help all of us deepen our relationship with the Lord.

Reading 1 **Genesis 15:5-12, 17-18** God makes a covenant with Abram.

Many of us have had the difficult experience of having to pack up and move on, leaving our homes and friends behind. We can imagine how Abram, later known as Abraham, might have felt when God called him to journey to a new and unfamiliar land. Despite his doubts and questions, Abram "put his faith in the Lord." He gave up everything, including his pagan gods, and accepted God's promise of countless descendants.

Faith and trust go together. We believe that our God is a God of love. We can trust God with our lives. Faith means complete trust in God. What does this mean to you?

Pray today: Lord, when you call us to journey into new territories, may we, like Abram, put our faith and trust in you

Reading 2 **Philippians 3:17--4:1 or 3:20--4:1** Christ will transform us.

Today's second reading reminds us that as Christians sharing in God's life we are already citizens of heaven. Neither our earthly homes nor our physical bodies are lasting. But one day our bodies will be transformed and become like the glorified body of the risen Jesus. This is the great and final hope of every Christian.

Gospel **Luke 9:28b-36** As Jesus prayed, He was transformed

Wouldn't it be wonderful to see your best friend transformed, or turned into his or her glorified self, right before your eyes? That's the kind of experience Peter, James, and John have in today's gospel. While they are up on a mountain with Jesus, they have a splendid vision of him in his glorified body. They see him talking with Moses and Elijah, two long-dead figures from the Old Testament. Moses represents the Law, while Elijah represents the prophets. In Jesus, both find the fulfillment of God's plan of salvation.

The disciples are awed when the voice of God confirms Jesus' identity: "This is my Son, my Chosen One." How will you honor Jesus as the Chosen One of God during Lent?

Three traditional ways are: daily prayer, fasting, and sharing with the poor (almsgiving). How can you include these three Lenten practices into your daily life?

### Questions of the Week

**Theme: Lent calls us to transform our lives.**

**Question for Children:** Jesus invites you to be close to him, to see him with clear eyes. What is Jesus like as a friend?

**Question for Youth:** What do you most want God to help you with?

**Question for Adults:** Sometimes we can see Christ with clear eyes, as the disciples did on that mountain. Share about such a time in your own life.



## Questions and Answers about Lent and Lenten Practices

**Q. Why do we say that there are forty days of Lent? When you count all the days from Ash Wednesday through Holy Saturday, there are 46.**

It might be more accurate to say that there is the "forty day fast within Lent." Historically, Lent has varied from a week to three weeks to the present configuration of 46 days. The forty day fast, however, has been more stable. The Sundays of Lent are certainly part of the Time of Lent, but they are not prescribed days of fast and abstinence.

**Q. So does that mean that when we give something up for Lent, such as candy, we can have it on Sundays?**

A. Apart from the prescribed days of fast and abstinence on Ash Wednesday and Good Friday, and the days of abstinence every Friday of Lent, Catholics have traditionally chosen additional penitential practices for the whole Time of Lent. These practices are disciplinary in nature and often more effective if they are continuous, i.e., kept on Sundays as well. That being said, such practices are not regulated by the Church, but by individual conscience.

**Q. I understand that all the Fridays of Lent are days of abstinence from meat, but I'm not sure what is classified as meat. Does meat include chicken and dairy products?**

A. Abstinence laws consider that meat comes only from animals such as chickens, cows, sheep or pigs --- all of which live on land. Birds are also considered meat. Abstinence does not include meat juices and liquid foods made from meat. Thus, such foods as chicken broth, consomme, soups cooked or flavored with meat, meat gravies or sauces, as well as seasonings or condiments made from animal fat are technically not forbidden. However, moral theologians have traditionally taught that we should abstain from all animal-derived products (except foods such as gelatin, butter, cheese and eggs, which do not have any meat taste). Fish are a different category of animal. Salt and freshwater species of fish, amphibians, reptiles, (cold-blooded animals) and shellfish are permitted

Reference:

<http://usccb.org/prayer-and-worship/liturgical-year/len/questions-and-answers-about-lent.cfm>



## Ministry of Consolation and Bereavement

The Ministry of Consolation is a group of caring and compassionate volunteers who assist you and your family in planning the funeral liturgy of your loved ones. If you have recently lost someone, we invite you and your family to join us for prayerful support on the last Thursday of the month at 7:00 pm in Father Nolan's Unity Room. WE ARE HERE FOR YOU!

### Gwoup Konsolasyon

Gwoup Konsolasyon la pou sipòte w ak fanmi w lè nou gen lanmò. Nou ede w prepare litiji antèman an, e nou gide w pandan sèvis yo. Nou la tou pou sipòte w ak fanmi w menm apre antèman an. Nou rankontre chak dènye Jedi nan mwa a anba presbitè ya a 7è diswa. NOU PAP LAGE W!

### Rituel de L'initiation Chrétienne Des Adultes

Si vous voulez devenir Catholique, ou si vous avez été baptisé et n'avez pas encore reçu les sacrements de la Sainte Communion et la Confirmation, inscrivez-vous au programme «RCIA ». Durant ce processus, les candidats et les catéchumènes se rapprochent du Seigneur et se joignent à la communauté chrétienne. Les cours sont offerts chaque mercredi soir à 7:00. Pour plus d'informations ou pour vous inscrire, appelez ou écrivez au presbytère et quelqu'un vous rappellera.

## Celebration of the Sacraments

### Reconciliation/Confession

The Sacrament of Reconciliation is offered on Saturdays at 4:00 PM in church, or by appointment in the rectory.

### Matrimony

If you are planning to get married, please schedule an appointment with a priest or deacon at least six months before the anticipated wedding date. If you are not in a valid marriage (a marriage not celebrated in church by a priest or deacon), please call or write the rectory for an appointment to see a priest.

### Baptism

The Sacrament of Baptism is celebrated in English on the 2nd Saturday at 1:00 PM, and in Creole on the 4th Saturday at 1:00 PM. If you are planning to have your child baptized in the parish, please call the rectory.

### Communion for the Homebound

Anyone unable to attend Mass because of illness may receive Holy Communion at home on a regular basis. Please call the rectory.

## Sacred Heart Parish Mission Project

It's that time of year when we kick off our Parish Mission Project. From Ash Wednesday to Holy Thursday, the Lenten offering boxes will

be available at every mass.

Please remember to pick up one or two, and return them on Holy Thursday at the evening mass dedicated to the poor.



These contributions will be distributed to meet the needs

of some of the worthy projects that Sacred Heart parishioners support in various parts of the world.

*"The foundational call of Christians to charity is a frequent theme of the Gospels. During Lent, we are asked to focus more intently on "almsgiving," which means donating money or goods to the poor and performing other acts of charity. As one of the three pillars of Lenten practice, almsgiving is "a witness to fraternal charity" and "a work of justice pleasing to God." (Catechism of the Catholic Church, no. 2462).*

The Youth Ministry invites the entire parish  
**To the Annual Black History Month Mass**

**On Sunday, February 28<sup>th</sup> at 4 pm**

We look forward to your attendance,  
as we honor those who have influenced  
our history

As this is the year of Divine Mercy,  
We are encouraging every ministry in the  
parish to participate in the upcoming  
Divine Mercy Pilgrimage sponsored by "Groupe  
Miséricorde". It will be held at Eden Hill Divine  
Mercy in Stockbridge, Massachusetts  
**on Saturday, April 2nd, 2016.**

Buses leave in front of the Church at 7 AM.  
There's a participation fee of \$55. For more in-  
formation please contact Evelyne at 347-682-  
3644 or Marie Louise at 718-527-3108